

**Student Directions:**

- 1) Complete top half of form and submit to mentor for approval
- 2) The form will be returned to you Approved or Denied
- 3) **At the end of the season**, complete bottom half of form submit to mentor

*SCHOOL USE ONLY:*

APPROVED \_\_\_\_\_  
 DENIED \_\_\_\_\_

## *PE Credit for Commuting to School*

### *Summit Preparatory Charter High School Formal Plan for Outside Physical Activity Form:*

Season (circle one):

**Fall**  
 Aug 25 - Nov 30

**Winter**  
 Dec 1 - Mar 1

**Spring**  
 Mar 2 - Jun 12

*Please use this form if you plan on completing all or part of your Summit PE hours through physical activity by way of community to school (walking, biking, skating, etc.)*

Student Name: \_\_\_\_\_

Mode of Commuting: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Parent/Guardian email: \_\_\_\_\_

Parent/Guardian contact number: \_\_\_\_\_

Distance traveled per school day (include a print-out of an internet map): \_\_\_\_\_

Time spent exercising per day: \_\_\_\_\_

Number of days per season (see dates above): \_\_\_\_\_

Total Number of hours that you will spend on this activity this season: \_\_\_\_\_

**Do Not Detach Here**

*If approved, please return completion signatures.*

**By signing below I attest that the above hours are factual and were completed by the listed student, OR if the student completed less than the hours set forth above, I attest that the student completed \_\_\_\_\_ hours**

Signature of Student: \_\_\_\_\_

Date: \_\_\_\_\_

Signature of Parent/Guardian: \_\_\_\_\_

Date: \_\_\_\_\_

**DO NOT SIGN  
UNTIL AFTER  
HOURS FOR  
THIS ACTIVITY  
ARE COMPLETE**